



State of Arizona
Department of Education

Tom Horne
Superintendent of
Public Instruction

CN# 49-06

MEMORANDUM

To: School Health & Nutrition Program Sponsors

From: Mary Szafranski, Deputy Associate Superintendent
Arizona Department of Education, Health & Nutrition Services

Kacey Frey, Program Director
Arizona Department of Education, School Health & Nutrition Programs

Date: June 6, 2006

RE: Arizona Nutrition Standards (ANS) Calculator and Sugar by Weight Calculator

To assist schools in meeting the requirements of the ANS per ARS 15-242 the Arizona Department of Education (ADE) has created an online calculator. This calculator is located on our web page at www.ade.az.gov/nutritionstandards and will help Local Educational Agencies (LEA) determine if a specific food or beverage meets the ANS by using the product's description and/or nutrition facts label.

Additionally, the ADE has developed a sugar by weight calculator. This tool will assist all LEA in determining whether a recipe meets the 35% sugar by weight standard. The calculator gives the LEA the option to add information regarding ingredients in a standardized recipe that contributes to the sugar content, for example, raisins in an oatmeal raisin cookie. The sugar by weight calculator can be accessed through the ANS calculator or by visiting www.ade.az.gov/NutritionStandards/SugarByWeight.aspx.

If you have questions or concerns regarding this memo, please contact your assigned School Health & Nutrition Program Specialist at 602-542-8700.